

SHOPPER'S GUIDE TO PESTICIDES

Dirty Dozen™

Buy These Organic

- 1** Apples
- 2** Celery
- 3** Strawberries
- 4** Peaches
- 5** Spinach
- 6** Nectarines
(Imported)
- 7** Grapes
(Imported)
- 8** Sweet bell peppers
- 9** Potatoes
- 10** Blueberries
(Domestic)
- 11** Lettuce
- 12** Kale/collard greens

Clean 15™

Lowest In Pesticides

- 1** Onions
- 2** Sweet corn
- 3** Pineapples
- 4** Avocado
- 5** Asparagus
- 6** Sweet peas
- 7** Mangoes
- 8** Eggplant
- 9** Cantaloupe
(Domestic)
- 10** Kiwi
- 11** Cabbage
- 12** Watermelon
- 13** Sweet potatoes
- 14** Grapefruit
- 15** Mushrooms

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